

The Character Branch:

Identity #1

Year	Year 3	
Lesson No. & Duration	Lesson: 1	Duration: 47- 62 minutes
Learning Intentions	Students will: <ul style="list-style-type: none"> • Understand what character is • Identify character strengths • Spot character strengths in others • Reflect upon one of their character strengths 	
Preparation	<ul style="list-style-type: none"> • Print notice and send home with students at least one week prior to lesson • Print 'Outside versus inside' worksheets (1 per student) • Scissors • Glue • Me Tree Scrap books • Source Youtube clip from task 3 and have it ready to play • Print and laminate 'one of my character strengths is...' strips (1 per student) • Print photo of each student and cut to fit the box on the 'one of my character strengths is...' strips 	
Materials Required	<ul style="list-style-type: none"> • Whiteboard markers • 'Outside versus inside' worksheets • Scissors • Glue • Me Tree Scrap books • Internet access and data projector • Student Me Tree Journals • Laminated 'one of my character strengths is...' strips • Photo of each student 	
Lesson Structure	Task 1: (12-15 minutes) Outside versus inside <ul style="list-style-type: none"> • Explain to the students that they are going look at different fruits and how their outsides look different from their insides. • Student's to complete 'Outside versus inside' worksheets and paste in their Me Tree Scrap books. 	

SAMPLE

Task 2: (10-12 minutes) Group discussion

- Write the heading 'CHARACTER' on the whiteboard.
- Highlight that this year, you will be focusing on the 'character' branch of the Me Tree.
- Explain that 'character traits' describe how people are on the inside.
- Ask the students to identify character strengths. List these on the board.

Task 3: (10-15 minutes) Spotting Character Strengths

- Explain that the students are going to watch a clip from Kid President. Ask them to look for character strengths of both Kid President and his brother.
- Play this clip:
<https://www.youtube.com/watch?v=lc7VGiG6LWM>
- Write the heading 'DREW DEBIT' on the board and ask students to identify all of his character strengths that they spotted. Write these on the board.
- Write the heading 'BRAD' on the board and ask the students to identify all of his character strengths that they spotted.
- Discuss the similarities and differences between Kid President and Brad's character strengths.

Task 4 : (5-8 minutes) One of my character strengths is...

- Explain that today we are going to find out more about one of the student's character strengths. The one they completed for homework in their Me Tree Journal.
- Students are given one 'one of my character strengths is' laminated slip each
- Students find their photo and glue it onto the box on the slip
- Students write one of their character strengths (from their completed Me Tree Journal sheet) onto the slip with a whiteboard marker
- Students attach slip to their desk with blutak (to the top left corner)
- Send the students Me Tree Journal back home with them

Task 5: (10-12 minutes) Character headings

- Explain that as a class you will make a display showing some of your character strengths.

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| | <ul style="list-style-type: none">• Issue each student a piece of plain A4 paper and ask them to make a heading of their character strength. They can do this in whatever font or colours they like.• Students then cut out their heading, ready to be displayed in the classroom.
• After the lesson, collate all headings and display them under a larger heading saying 'Our characters are...' on a wall in the classroom. |
|--|--|

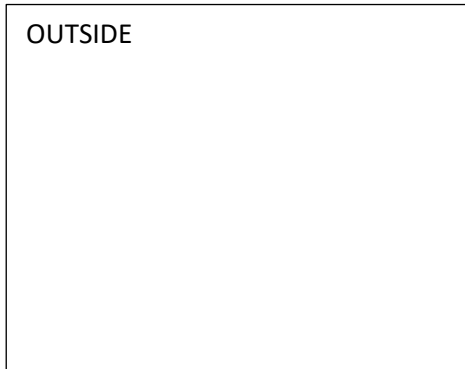
SAMPLE

Outside versus inside...

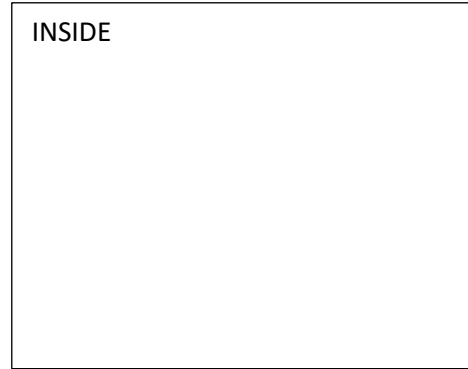
Find the right picture for the outside and inside of the fruits below. Cut them out and paste them in the boxes:

ORANGE:

OUTSIDE



INSIDE



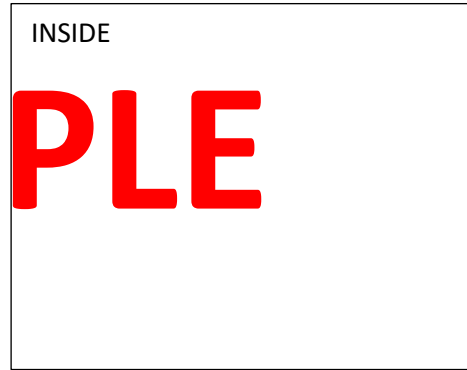
APPLE:

OUTSIDE

SAMPLE

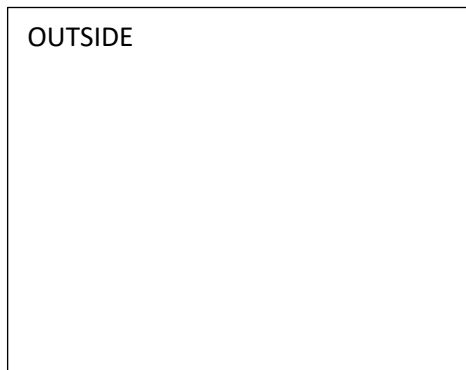


INSIDE

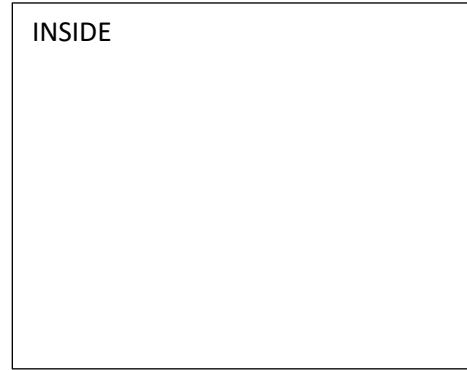


WATERMELON:

OUTSIDE

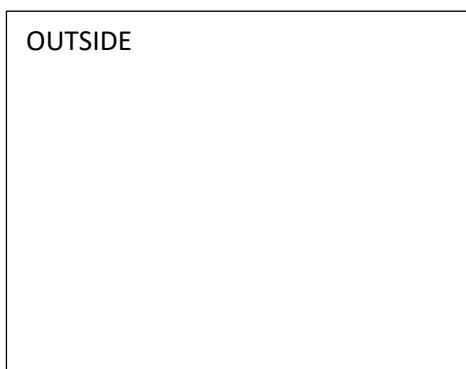


INSIDE

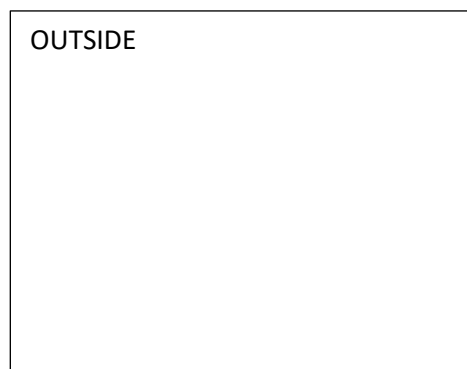


PINAPPLE:

OUTSIDE

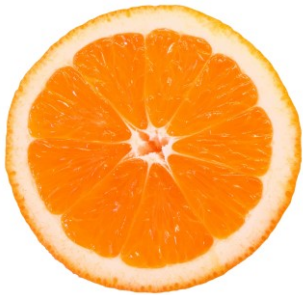


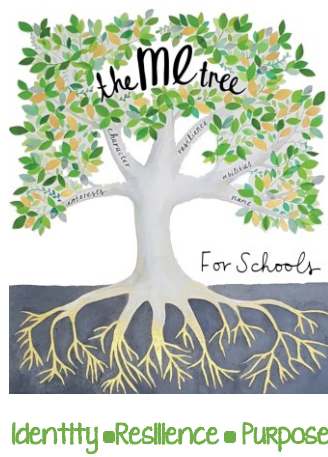
OUTSIDE





SAMPLE





Dear Parents,

In Year 3, we are focusing on the character branch of your child's Me Tree. Please go to your child's Me Tree Kids Journal and read the section titled 'Your Character Branch.' Then identify one of your child's character strengths and give them everyday examples of this. Direct your child to write this character strength on their Me Tree poster (on a gold leaf from the character branch). Finally, assist your child to complete a character journal sheet. When completed, send the workbook into school before the following date:

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Your child's teacher will send the workbook back home when no longer required.

For the rest of the term, look for everyday examples to affirm this character strength. Use the prompt stickers in your child's Me Tree pack to remind you.

(Insert picture of student)

One of my character strengths is



(Insert picture of student)

One of my character strengths is



SAMPLE

(Insert picture of student)

One of my character strengths is



(Insert picture of student)

One of my character strengths is

